



# June 2024 REGIONAL SCHOOL DISTRICT 13 Elementary Menu

All meals include choice of hot or cold vegetable, fresh fruit or fruit cup, bread and a choice of milk. (1% and low fat Chocolate milk.)

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1st choice  
2nd choice  
Vegetables  
Veg / Fruit  
Fruit  
Bread



1st choice  
2nd choice  
Vegetables  
Veg / Fruit  
Fruit  
Bread

**3**  
Ziti with Meatsauce  
Or  
French Bread Pizza  
Cucumber salad  
Rainbow Veggie Tray  
Rainbow Fruit Tray

**4**  
"Food Pails to Go"  
Chicken Bites & Tots  
Or Pizza Bites & Tots  
Baby Carrots  
Oranges Wedges  
WG Dinner roll

**5**  
**Super Subs**  
*TURKEY-n-Cheese*  
*HAM-n-Cheese*  
*Baby Carrots w/ranch*  
*Sunchips AND Fruit Chews*  
*Choice of Milk*

**6**  
**Egg & Cheese Bagel**  
or  
**Dutch Waffle Sticks & sausage Hash Brown,**  
Rainbow Veggie Tray  
Rainbow Fruit Tray

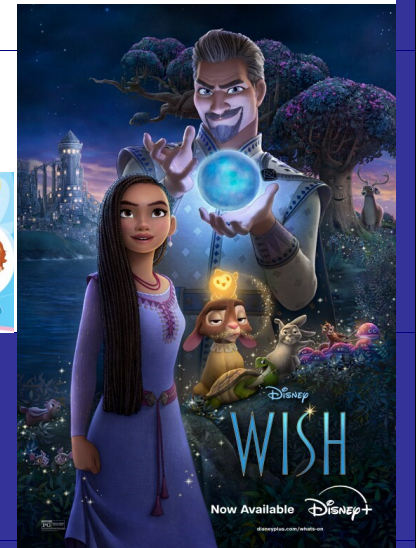
**7**  
**Cheese pizza**  
**Fun Fish Sticks & Fries**  
Romaine Garden salad  
Rainbow Veggie Tray  
Rainbow Fruit Tray

1st choice  
2nd choice  
Vegetables  
Veg / Fruit  
Fruit  
Bread

"Early Release Day" **10**  
Chicken Nuggets & sauce  
Cheese Calzone  
French Fries,  
Rainbow Veggie Tray  
Rainbow Fruit Tray

"Early Release Day" **11**  
Corn Dogs  
or  
Cheeseburger  
Choice of Sunchips  
Rainbow Veggie Tray  
Rainbow Fruit Tray

"Early Release Day" **12**  
**Cheese PIZZA**  
Veggie Sticks & Dip  
Berry yogurt cup



<https://www.endhungerct.org/summer-meals/>

Please alert staff if you have a food allergy.

**Free Summer Meals!**  
**Comidas de Verano Gratis!**

Kids and teens 18 and under  
Niños y adolescentes de 18 años y menos

FOR SITES NEAR YOU, CALL US: **211**  
TEXT CTmeals TO 877877  
[www.CTSummerMeals.org](http://www.CTSummerMeals.org)

EHCI NOKIO UNIVERSITY